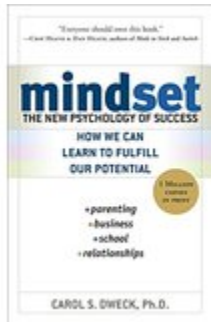


valYOUable

actYOUlization worksheet



Mindset

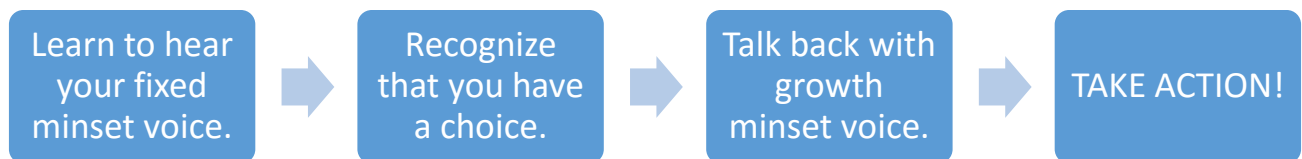
The new psychology of Success

By Carol S. Dweck, Ph.D.

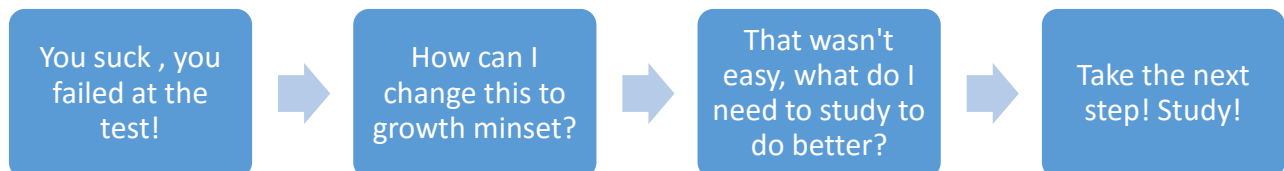
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"You have a choice. Mindsets are just beliefs. They're powerful beliefs, but they're just something in your mind, and you can change your mind."~ Carol S. Dweck

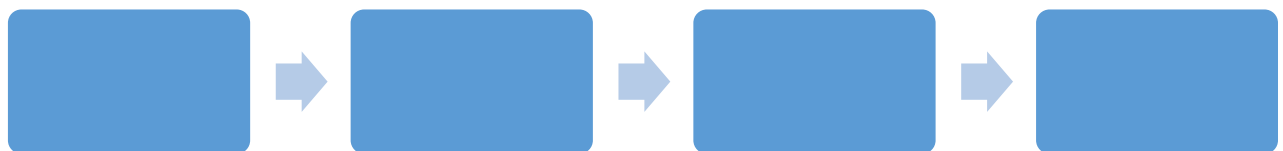
How to Change your Mindset:



Example:



Your Turn!!!



YOUutilize Dr. Dweck's website: <http://www.mindsetonline.com>

